



CODIV 19 POLICY

Outdoor education camps play an essential role in the lives of children, including supporting their social, emotional, and physical development. Camps provide opportunities for children to try new activities, develop relational and social skills, and be physically active. Students who participate in outdoor education camps learn environmental science concepts in a hands-on, active, and experiential way. Studies show that the outdoor component added depth and meaning to their indoor learning activities.

Unite is committed to the health and safety of campers, counselors and staff at all our camp programs. We have consulted with medical professionals and the local health department as well as CDC guidelines for overnight camps to formulate our policies and procedures. Unite has adopted best practices recommended by the American Camp Association.

REFERENCES

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>

California Department of public health

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-for-Overnight-Camps.aspx>

Shasta County Public Health

<https://www.co.shasta.ca.us/ready/covid-19/overview>

American Camp Association

<https://www.acacamps.org/resource-library/coronavirus-information-camps>

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1. PREPARATION

- **COMMUNICABLE DISEASE PLAN (CDP)**
Unite has in place a CDP and has trained its staff in the details of the plan.
- **POINT OF CONTACT**
The Camp Director is the lead responder to COVID-19 concerns. All staff and volunteers are made aware of how to contact during their various onboarding sessions. Unite has a lead health professional on call to answer questions regarding all health concerns at camp.
- **MEDICAL STAFF**
Unite will coordinate and partner with school staff to ensure health and safety of all students. Due to the requirements of the California education code persons managing medications must be an employee of the school or district. The designated “duly qualified supervisor of health” will be the main point of contact for Unite. Unite will have a Doctor and supervising RN on call. Unite staff are trained in first aid and certified in CPR.
- **PRIOR TO ARRIVAL AT CAMP**
Campers and counselors must complete arrival day health screening including a COVID-19 screening prior to departure for camp. (Forms are available from Unite)

2. COMMUNICATION

INFORMATION FLOW

Teachers play a key role in the safety of each camper. Unite will rely on the experience and knowledge that teachers have of their students. **Students remain under the administrative control of school staff and teachers while at Unite Camp.**

To facilitate clear communication, The Unite camp director will communicate directly with lead teachers. Lead teachers will communicate to classroom teachers who in turn will communicate to parents and students.

CAMPER

DURING CAMP

At the beginning of camp, staff members will train campers on behaviors and precautions they should abide by to prevent the spread of COVID-19, including:

- How and when to effectively wash and sanitize hands
- How to practice physical distancing in various settings (dining hall, activity spaces, cabins, etc.)
- Face mask policy
- Which symptoms to look out for and when to report them, and to whom
- Coughing and sneezing etiquette

PARENT COMMUNICATION

Parents will receive all information through the school office and teachers responsible for students.

BEFORE CAMP

- Parents/legal guardians will be kept up to date on COVID-19 related to camp practices, policies, and procedures.
- Parents/legal guardians will be asked to sign a COVID-19 waiver of liability outlining the risks associated with gathering in groups during camp sessions.

DURING CAMP

In the event of a Potential Exposure:

- We will immediately inform school staff. A school representative will contact parents/legal guardians about any potential contact their children may have had with confirmed cases.
- If a camper is experiencing symptoms of illness, including symptoms of COVID-19, they will be assessed by Unite staff and the designated school health supervisor.

If necessary, the following will be communicated to parents:

- The camper has developed symptoms that require them to be isolated.
- The camper was identified as having contact with a confirmed case.
- The camper will need to be picked up from camp and taken home.

In the extreme circumstance that the decision to dismiss or end camp early is made, we will communicate these plans with school representatives.

SIGNAGE

- Whenever possible we will post appropriate signage, including signage related to distancing, appropriate hand washing and sanitizing, proper wearing of masks, coughing etiquette, and identifiable symptoms of COVID-19.
- Whenever possible, where there will be the formation of lines, we will place appropriate signage for distancing on the ground.

STAFF COMMUNICATION

BEFORE CAMP

- Our staff will be regularly reminded about their roles and responsibilities related to COVID-19 safety through our organization's normal means of internal communication whenever possible.
- Seasonal staff and volunteers will be provided with necessary information and training materials both in advance and during a week-long orientation at each location.

DURING CAMP

- Appropriate ongoing information to reinforce standards will be provided whenever necessary.
- Our standard year-round staff guidelines for staff interaction and staff infectious disease protocols will be reinforced whenever possible.

VENDOR COMMUNICATION

- Whenever possible, vendors will be informed that they are required to take precautions during deliveries, including maintaining physical distancing, and if symptoms associated with COVID-19 are evident, they are not to make deliveries whenever possible.

3. CLOSED COMMUNITY

- UNITE Camps will operate a closed community policy across all its locations. This means that access will be open to registered guests only who have completed all safety checks.
- Staff will be educated on the risks of traveling to and from the camp locations and the required safety protocols when returning to camp.
- Drop-in guests will not be permitted to visit camp without prior authorization.

4. SCREENING

PRE-SCREENING

Pre-Camp Health Self-Monitoring

10-Day Self-monitoring and the conducting pre-screening activities will be recommended such as:

- Taking and recording their own temperature for 10 days before camp.
- Self-screening for the presence of symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) within the past two weeks.
- Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.

DEPARTURE DAY SCREENING

Prior to departure from schools, campers will be screened for COVID-19 using the Unite screening form. (see exhibit A)

ONGOING SCREENING

Daily Health Checks

Staff, teachers and counselors will conduct visual wellness checks of all students daily. Staff may take students' temperatures with a no-touch thermometer.

Screening will look for any of the following signs or symptoms of possible COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Muscle or body aches
- Headache
- Sore throat
- Loss of taste or smell
- Nausea or Vomiting
- Diarrhea
- Known close contact with a person who is lab-confirmed to have COVID-19
- Feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit

5. INFECTION PREVENTION

This virus can spread easily from person-to-person so taking necessary precautions is an important way to keep campers, counselors and staff safe. The best way to prevent illness is to avoid being exposed to this virus. At the beginning of camp, staff members will train campers on behaviors and precautions they should abide by to prevent the spread of COVID-19, including hand hygiene, physical distancing, and masks.

HYGIENE

- We will instruct and monitor campers and general staff when to wash or disinfect hands whenever possible.
- We will provide station dispensers of alcohol-based hand sanitizer containing at least 60% alcohol at the entrance to buildings or have campers wash their hands with soap and water prior to entry into dining rooms, retail, housing, and restrooms.
- Physical distancing to the maximum extent possible.
- Covering your coughs and sneezes. If you use a tissue, throw it away immediately and wash your hands.

KITCHEN & DINING STAFF

- We will actively apply existing best practices for food preparation consistent with the local health department's current Food Service Safety Guidelines.
- While Coronavirus is not foodborne, foodservice workers will be required to wash hands before and after using gloves, before, during, and after preparing any food, after handling raw meat, poultry, seafood, and eggs, after touching garbage, after using the restrooms, after wiping counters or cleaning other surfaces with chemicals, after coughing, sneezing, or blowing their nose, and before and after breaks.

HANDWASHING STANDARDS

- CDC compliant instructions on how to wash hands will be posted and campers actively encouraged to wash hands whenever possible.

SANITIZERS

- Hand sanitizers that contain greater than 60% alcohol whenever possible.

PHYSICAL DISTANCING

- Whenever possible campers and staff inside retail outlets and standing in lines will be asked to keep a 6' distance from others.

FACE COVERINGS

- Outdoors – Face coverings need not be worn when outdoors where physical distancing is possible.
- In cabins – Face coverings are not recommended by CDC guidelines within cabin groups “cohorts”
(Cohorting: Cohorts (or “pods”) are small groups of campers and staff who stay together throughout the day to minimize exposure to other people while at camp.)
- Indoors- Face coverings are recommended when indoors where distancing is not possible. Campers are expected to provide their own masks.
- Exceptions will be made for students with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing.

TRAINING

- Unite staff will train campers and staff on behaviors and precautions they should abide by to prevent the spread of COVID-19. That training will include:
 - How and when to effectively wash and sanitize hands
 - Policies that apply to COVID-19
 - Which symptoms to look out for and when to report them, and to whom
 - Coughing etiquette

6. RESPONSE MANAGEMENT

CAMPERS, COUNSELORS, SCHOOL STAFF AND UNITE STAFF

- Individuals presenting COVID-19 symptoms (per CDC symptom list) will be managed per the medical direction of the doctor or RN on call in coordination with the Lead Teacher and designated school health supervisor until the camper is able to get transportation home.
- Individuals presenting symptoms of infectious disease including the Flu or COVID-19 will be isolated immediately upon discovery.

- Isolated individuals will be sent home as soon as possible after determining that the symptoms are ongoing or medical staff make the determination that the symptoms are indicative of COVID 19 or the Flu.

CONTACT TRACING

We will employ Contact Tracing methodology as follows:

- Immediately identify and interview people who display symptoms of sickness.
- Support isolation of those who are suspected of infection.
- Warn contacts of their exposure, assess their symptoms, and risk, and provide instructions for the next steps.
- Link those with symptoms to testing and care.
- Based on our current knowledge, a close contact is someone who was within 6 feet of an infected person for a total of 15 minutes or more, starting from 48 hours before symptom onset until the time the patient is isolated.

INFECTED CAMPER RETRIEVAL

If a camper or counselor tests positive for COVID-19, the camper's parents or guardian will be asked to pick up or arrange to have the camper picked up as soon as possible.

7. USE OF COHORTS

CAMPER COHORTS

We will manage smaller groups of campers by utilizing *Cabin Groups & Cohorts* whenever possible.

Cabin Groups

- Cabin Groups are residents of individual cabins.
- During eating, meeting, and sleeping, campers and staff will interact with their “cabin group” or within their cohort (camp team) whenever possible.

Cohorts

- A Cohort is defined as multiple cabin groups or “teams” (campers and counselors included).
- Cohorts will be designated at the beginning of each camp session and remain consistent for the entirety of the camp session.
- Recreation with extended close proximity interactions of multiple cohorts will be limited whenever possible.

8. HOUSING

CONFIGURATION

- Sleepers will be positioned head-to-toe or toe-to-toe to maximize distance between heads/faces.
- In bunk beds, counselors will ensure that we position the head of the camper in the top bunk opposite the position of the camper in the bottom bunk.
- Campers will be asked to sleep in same bunk all week of camp.

BATHROOMS & SHOWERS

- Campers will be asked to avoid sharing common bathroom supplies (towels, soap, toothpaste, etc.). Campers need to bring their own bathroom supplies. Campers should keep personal items in their bag or tote and store their bag or tote in a designated area.
- We will post the hand-washing signage in bathrooms to remind campers and staff when and how to properly wash hands.
- We will ask counselors to monitor bathrooms to ensure campers are following hand-washing guidelines and using best practices.
- We will provide bathroom breaks between activities and will ensure that campers wash their hands properly afterward whenever possible.

VENTILATION

- HVAC systems, internal fans, and operable windows will be kept functioning and operational to maintain good air circulation within the camp buildings throughout the season.
- General ventilation will be maximized by utilizing window and door openings. If windows must remain shut due to weather, insects, or safety conditions, we will maintain continuous operation of exhaust fans whenever possible.

9. GATHERINGS

LARGE GROUP GATHERINGS

- Large group gatherings will be held primarily in open-air spaces
- Large group gatherings longer than 15 minutes may also be held indoors, participants will be encouraged to wear a mask when distancing is not possible.

10. FOOD SERVICE

- Our primary seating for meals will be outdoors whenever possible.
- Stations will be made available for diners to wash their hands with soap and water prior to eating and/or station dispensers of alcohol-based hand sanitizer containing at least 60% alcohol at the entrance of the dining facility.
- Campers will not be allowed to attend meals if they are sick or experiencing flu-like symptoms in which they will inform a counselor immediately and go to the camp health center.

- Washing of hands with soap and water for 20 seconds or use an alcohol-based hand sanitizer containing at least 60% alcohol will be required upon entry to the dining area.
- Systems will be implemented that cause campers to avoid touching frequently touched surfaces such as handles, doorknobs, tables, and counters as much as possible.
- When retrieving food, staff will be asked to avoid touching items and putting them back.
- Campers will be asked to adhere to the following dining guidelines:
 - Sit with cabin at each meal.
 - Cover cough or sneeze with good cough and sneeze etiquette. If a tissue or napkin is used, throw it away, and wash your hands immediately. Avoid touching your eyes, nose, and mouth.

11. ACTIVITIES

OUTDOOR ACTIVITIES

- Camper activities will be primarily outdoors.
- Shared items and equipment will be properly cleaned and disinfected between use.
- Campers will conduct group activities as cabin groups (cohorts) whenever possible.

EXHIBIT A



DEPARTURE DAY SCREENING TO BE COMPLETED BY EACH PERSON ATTENDING CAMP

- Yes No Have you or has anyone in your household been in close contact in the past 14 days with anyone known or suspected to have COVID-19 or is otherwise sick?
- Yes No Have you or has anyone in your household been in close contact with anyone who has been tested for COVID-19 and is awaiting results?
- Yes No Have you or has anyone in your household been sick in the last 14 days, or have you or they been tested for any illness and are awaiting results?
- Yes No Has anyone in your household been exposed to an individual known or suspected to have COVID-19 in the past 14 days?
- Yes No Have you or anyone you have been in close contact with traveled on a cruise ship or internationally or to an area with a known communicable disease outbreak in the past 14 days?

*According to the Centers for Disease Control and Prevention (CDC), "[close contact](#)" means:

- You were within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period
- You had direct physical contact with an infected person (hugged or kissed them)
- You shared eating or drinking utensils
- An infected person sneezed, coughed or otherwise got respiratory droplets on you

STOP! If any of the above questions were answered "YES" the participant must stay home.

Do you have any [symptoms](#) of COVID-19?

- | | |
|-----------------------------------|--------------------------|
| ➤ Shortness of breath | ➤ Muscle or body aches |
| ➤ Cough | ➤ Headache |
| ➤ Fever of 100 degrees or greater | ➤ Sore throat |
| ➤ Flu-like symptoms | ➤ Loss of taste or smell |
| ➤ Repeated shaking with chills | ➤ Diarrhea |
| ➤ Fatigue | ➤ Nausea or vomiting |

****Potential Higher-Risk Individuals****

Are you in a higher-risk category as defined by the [CDC guidelines](#), including older adults, people with medical conditions, and those with other individual circumstances?

Yes No

If yes, we recommend you stay home. Should you choose to participate, you must have approval from your health care provider.